



Hillstone News

Hillstone Stars 17th January 2020

Dakota Keeling Mohammad Razaq
Abdirahman Derow Cienna Glen
Clayton Kabamba Alexis-Mai Swindale
Tyler McBride Gracie Maguire
Scarlett Pearson Riley Sandford
Callum Hawthorn Lacey mcGuire
Lexi Hanson

24th January 2020

Mohammed Dawud Jessie Wakeman
Jacob Floyd Charlie Macmillan
Georgina Jalal-Sayers Lilly-Mae Lee
Eoghan Gagin Blake Thomson
Jessie-Rose O'Neill Eliana Grimason
Slater Holwell Daniel Green
Makayla Yates

31st January 2020

Tafari Barstow Maja Pozniak
Riley Flynn Lucas Corcoran
Oliver Ivison Frankie Weir
Riley Ward Layton Daly
Saskai Harborne Joshua Leech
Lacey Harman Jenson McGrath
Lily Cooper

10th February 2020

Amiyah Ahmed Sonny Harrison
Ishaq Henderson Sofia Bradley
Bobbie-Leigh Brotherson Abu Hamza
Keylie Patton Lexie Mitchell
Ibrahim Hawadle Scarlett Thornton
Katelyn Taylor Mason Bowen
Jaiden Barrett

pos	class	played	won	drew	lost	lates	points
PREMIER							
1	IT	4	3	1	0	5	11
2	2L	4	3	0	1	6	10
3	2DS	4	2	0	2	13	8
4	RM	4	1	1	2	12	7
5	RN	4	1	1	2	13	7
6	1Y	4	0	1	3	16	5

pos	class	played	won	drew	lost	lates	points
1	3B	4	4	0	0	2	12
2	5B	4	3	1	0	2	11
3	4F	4	2	2	0	6	10
4	4T	4	1	3	0	3	8
5	5K	4	0	2	2	5	6
6	6B	4	0	2	2	10	6
8	3E	4	0	1	3	12	5
7	6K	4	0	1	3	14	5



Attendance

RM	96.1%
RM	93.9%
IT	100%
1Y	95.3%
2DS	97.9%
2L	97.3%
3B	96.9%
3E	97.7%
4F	96.8%
4T	97.3%
5B	95.3%
5K	95.3%
6B	100%
6K	93.6%
Total	96.7%

Fantastic attendance every-one. It makes such a difference to learning

Health for Life

We were delighted to win the health for life award. Thank you to all the teachers, children and parents who contributed by cooking, gardening coming to sew n grow and running the couch to 5k challenge. Its been such a pleasure to see you around the school setting such a good role model to children.



"Dear Hillstone School

A quick note to say Thank you so much for all that you do to support Crisis. Our Christmas Day was a wonderful event made extra special by all your donations and minibuses. Hope you have a great 2020 Love Everyone at Crisis"



Children's University

Children's University have now introduced a brilliant piece of software that allows children to record their own hours for extracurricular clubs. When children have attended a club or an activity they get given a code which they will enter on their own password protected dashboard. It works alongside skills builder so children can ensure they get a variety of skills. They will still receive a paper passport when they have completed their first club.



Sports at Hillstone

Many Congratulations to our gymnastic team who won the local gymnastic event following brilliant vault and floor routines. We now go through to the school games finals in March.

In January our boys football team took part in the first round of the 9 aside format HMS cup. Our boys won the game, beating Lyndon Green 4-2.

They now qualify for the next round.

Nor to be outdone, in February, our girls football team took part in a 6 aside competition at Aston Villa FC. Our girls went undefeated, winning 4 and drawing 2 games.

Communication

Just a reminder that the children's diaries are an excellent way to communicate with the teacher

Hillstone Pop up market

You may have seen the adverts entitled Veg Power. Chef has been asked by the organisers to write a blog about our Pop up market. I have copied the blog below.

Wednesday 23rd of January saw another market on our infant playground. The idea of the markets is to make fresh fruit and veg as accessible as possible. The school buys in fruit and veg and sells it at cost price passing on the little saving we have on to our parents and carers. The markets have proved popular with many customers stocking up on the fruit and veg available.

Also for sale are 'ready meals' that are prepared the day before by the children during their cookery class. This time it was pasta in a tomato and oregano sauce. Previous markets we have done a stir fry and Quorn chilli making good use of the produce the children grow in our allotment or our locally sourced veg from our supplier. We also had tasty snacks available at cost price, this week was fruit kebabs, yoghurt and granola and grape pots. Fruit and Veg available was broccoli, cauliflower, onions, parsnips, swede, leeks, potatoes, carrots, bananas, apples, pineapples and satsumas. Everyone who made a purchase got a free cup of tea, coffee, hot chocolate or soft drink. We had freshly made soup available also to warm up our shoppers! We have a fantastic and positive food culture in our school where having a school lunch is the norm, very high take up of vegetarian and plant based dishes and of course a love of veg!

Every week we take one class and split them in to two groups, one group works in our allotment and the other group will do a cooking activity with chef. When we have a pop up market week the children will prepare food to sell at the market often using produce we have grown where we can. We have found it relatively simple to put on the market we are lucky that whenever we put on events at the school the whole school is behind it and supports it so we have an



abundance of teachers, TA's and support staff on hand to help as well as our wonderful children who do a great job in getting parents and carers to visit the stalls. We advertise the market well in advance as well as a price list so parents and carers can plan what to buy. At this market we also took orders for our just cook it just eat it scheme where we provide all the ingredients for five meals for five people, as well as recipes and the methods to make each dish. We sell the bags at cost price and again the purpose of this is to encourage children and parents carers to cook together.

If anyone would like further information on the market or bag scheme then please get in touch!

Mental Health Week

Last week was Children's Mental Health Week. I thought parents would be interested in the web site Place2Be . The theme this year was "Find your Brave" . There are a range of free resources and advice for parents.

A fascinating piece of research recently shows how much being outside is beneficial to mental health both adult and children alike. These need not be rigorous exercise just being outside in nature for an additional hour per week can lower the stress hormone cortisol and after a period of 3 weeks, the experiment was shown to have lowered blood pressure in a group of adults. Mental health advocates point out that sometimes children can have as little as one hour per week outside—this is less than prisoners. We have been fortunate to be accepted on to a research programme called Nature friendly schools which will measure the impact of getting the children outside for longer periods . With half term coming up, why not try to find ways to be outside with the kids. It could benefit the whole family.

You will know that I have long been concerned about children's use of social media. Researchers at King's College have found that "problematic smartphone" use has been linked to anxiety, stress, poor sleep and depressed moods. In order to help children's mental health you may want to consider a time limit on the amount of time they spend on such devices each day and do not let them take them into their bedroom at night.

Hillstone Primary School 

Special Needs Drop In

Thursday 12th March 1pm - 3pm

Do you have concerns about your child?
Are you struggling to support your child at home?
Is your child finding it difficult to speak clearly so that you can understand?

*** Speech & Language – advice about strategies to use at home**

*** Educational Psychology Service – advice about academic progress or emotional wellbeing**

*** Outreach Education – advice about physical difficulties, handwriting & movement?**

*** Communication and Autism Team – advice for parents of children with a diagnosis or concerns**

No need to book just turn up

Coffee Tea Snacks

Informal Chat

We will have people here on hand to talk to. Join us or book online : www.hillstone.org.uk/forms/admin/sen



The government have introduced a new times tables test for year 4 children. The first one will happen in June this year. Whatever year group your child is in why not encourage them to log on to times tables rock stars. You can access it via the homework page on our web site. It's a great way to learn your tables.

Parents evening

I hope the new booking system on Tucasi has been beneficial to you. Please let me know your thoughts. This is a crucial parents evening to attend as we are half way through the year and it is a good time to work together with your child's teacher to discuss how to help your child reach their full potential

The photographer will be in school tomorrow for individual photographs.