



@hillstoneps

Hillstone News 22/03/2017

% Attendance	
RL	99.1
RS	98.1
1S	98.0
1T	97.3
2K	99.2
2P	94.5
3A	95.6
3C	97.1
4B	99.3
4W	95.1
5B	98.1
5F	96.0
6I	94.5
6N	95.0
Total	96.8

pos	class	played	won	drew	lost	lates	points
1	5F	3	2	1	0	4	8
2	5B	3	2	1	0	8	8
3	4B	3	1	2	0	5	7
4	6N	3	2	0	1	9	7
5	3C	3	1	1	1	7	6
6	4W	3	0	2	1	10	5
7	6I	3	0	1	2	7	4
8	3A	3	0	0	3	11	3

pos	class	played	won	drew	lost	lates	points
1	5F	3	2	1	0	4	8
2	5B	3	2	1	0	8	8
3	4B	3	1	2	0	5	7
4	6N	3	2	0	1	9	7
5	3C	3	1	1	1	7	6
6	4W	3	0	2	1	10	5
7	6I	3	0	1	2	7	4
8	3A	3	0	0	3	11	3



- Hillstone Stars
- Jaide Lowe-Vadgama
 - Chisom Onwuegbuzina
 - Kyle Hutchins
 - Bailey Burkett
 - Tshania Sappleton
 - Brogan-Jai Moore
 - Archie Hall
 - Jayden Morris
 - Lacey Coley
 - Lucy Jarvis
 - Demi-Leigh McNally

Julius Caesar

After our year 6 performed their half hour production of Julius Caesar at the Mac for the Shakespeare for Schools Festival , they were approached by the Shakespeare Trust. Our children will be now be performing in Stratford on Saturday 25th to celebrate Shakespeare Week. They will be at Mary Arden’s farm , which is just outside Stratford at 12.00 and New Place (Shakespeare’s birth place) at 2pm . Do come along and given them some support.





Mothers' Day secret Room starts on the 20th March. Children can bring in £1.50 and choose a gift



The Big Pedal
In spite of poor weather so far, we are lying in 5th place in Birmingham to date. Keep it up everyone!

The Ikon
All of your children participated in the Oliver Beer installation of I wannna be like you. You can now see this exhibition at the Ikon gallery until 4th June. The ikon gallery is to be found at 1 Oozells Square, Brindley Place. Look out for the singing lift!



www.thechildrenssleepcharity.org.uk

SLEEP!

www.nhs.uk/livewell/

You may have noticed that children's sleep has featured recently in the news and on television. Evidence about the negative impact a lack of sleep has on children's wellbeing; their emotions; ability to concentrate and their health and fitness is strong. We certainly believe that it affects children's behaviour, the quality of learning and ability to do well at school

"Evidence shows that night time sleep is just as important as healthy eating and exercise for children to develop" NHS.

A recent BBC Panorama programme gave some excellent information and advice about this:

<http://www.bbc.co.uk/iplayer/episode/b08hymf3/panorama-sleepless-britain>.



You may be aware that the 'blue light' emitted by phones and tablets is known to affect people's ability to sleep. Did you know that you can change this (may be called 'night shift' mode or similar)? Better still, take all electronic devices out of children's bedrooms at night. The websites above offer advice and information,

including recommended amounts of sleep for children at different ages.