



Hillstone News

Dear Parents, I hope everyone is well and keeping in good spirits. Don't forget if you have any problems give the office a call and we will do what we can to help.

HAPPY BIRTHDAY

<i>Ava Leech</i>	<i>6</i>	<i>Sophia Duran Martinez</i>	<i>11</i>
<i>Bella Zhu</i>	<i>6</i>	<i>Gabriella-Rose Blissett</i>	<i>7</i>
<i>Tommy Nash</i>	<i>6</i>	<i>Olivia Watts</i>	<i>8</i>
<i>Jude Walters-Blackman</i>	<i>9</i>	<i>Adam Latchford</i>	<i>8</i>
<i>Evie Sale</i>	<i>9</i>	<i>Riley France</i>	<i>7</i>

NSPCC helpline

While schools and social workers remain at the forefront of work to protect vulnerable children, including by supporting them to attend school, expanding the NSPCC helpline and raising its profile will mean more adults know where to go with concerns about the safety and wellbeing of any children. Some common signs that there may be something concerning happening in a child's life include:

- ◆ aggressive or repeated shouting
- ◆ hearing hitting or things being broken
- ◆ children crying for long periods of time
- ◆ very young children left alone or are outdoors by themselves
- ◆ children looking dirty or not changing their clothes
- ◆ children being withdrawn or anxious.

Last year the NSPCC helpline, which has around 100 staff, received 73,000 contacts from people with concerns about a child's welfare.

It can be reached 24 hours a day by email - help@nspcc.org.uk - or through its online reporting form. Its team of experts can also be called Monday to Friday 8am-10pm or 9am-6pm at the weekends on 0808 800 5000.

The NSPCC has also made new resources available at this link:

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

VE Day

Next Friday, May 8th is a bank holiday. It had been moved from Monday 4th May so that it would fall on the 75th anniversary of VE (Victory in Europe) Day at the end of the second world War. Our virtual School will be closed on this day, although there will be an assembly to watch and a task from Mr King. Please go to Mr Farr's virtual classroom to practice songs you will need to join in with us on Friday.

Hillstone Virtual School

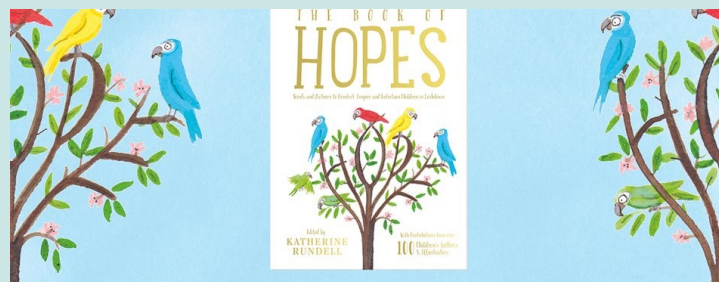
We are having some great feedback on the virtual school which we are thrilled with. The teachers found it so difficult to create in the first place. Children - you know when your teachers give you a lesson and you are struggling and not sure you can do it? The teachers tell you to use Hillstone Learning Power and a growth mind set to think "I can't do ityet". Well the teachers were feeling just like that and they all had to channel your energy and think "what would my children do ?" They phoned Mr King and Mr Carter and each other and asked for help and tried their best. They got it wrong, then tried again and they have created something that I am so proud of and more importantly they are proud of themselves. Mr King has been interviewed by Birmingham Education Partnership so that it may help other schools to provide something similar.

Please add your comments, questions and tweet in your work. Just as the children are missing their teachers, we as a staff are missing your/our children. First thing I do in the morning is look at the virtual school and twitter to find out what you've been doing and what you think of the learning.

<https://www.hillstone.org.uk/wp/>

The book of Hopes: Words and Pictures to comfort, inspire and entertain children in lockdown.

Completely free for all children and families, the extraordinary collection of short stories, poems, essays and pictures has contributions from more than 110 children's writers and illustrators, including Lauren Child, Anthony Horowitz, Greg James and Chris Smith, Michael Morpurgo, Liz Pichon, Axel Scheffler, Francesca Simon and Jacqueline Wilson. The collection, published by Bloomsbury, is dedicated to the doctors, nurses, carers, porters, cleaners and everyone currently working in hospitals.



<https://literacytrust.org.uk/family-zone/9-12/book-hopes/>

BIRMINGHAM AND SOLIHULL MENTAL HEALTH SUPPORT

Group	Opening hours and contact details
0-18 years in Birmingham	7 days a week (10-6pm) 0207 8414470 askbeam@childrensociety.org.uk
0-19 years in Solihull	Monday—Friday (8am-8pm) 0121 301 2750 Weekends and evenings (8pm—8am)
11-25 years in Birmingham and Solihull	Online counselling and support 24/7 www.kooth.com
Over 18's in Birmingham and Solihull	7 days a week (9am—11pm) 0121 262 3555
Key workers	7 days a week (9am—11p) 0121 663 1217
0-25 in Birmingham	Pause See leaflet on next page.

Food Offers

The Active well-being society <https://theaws.co.uk/relief/> is able to provide food which they can deliver to homes if you are self-isolating as well as drop off points and they do cover the Shard End area. The groceries vary but include a variety of things and they can sometimes have access to baby products etc. if people are in need. There is also solidarity kitchen <https://cooperationbirmingham.org.uk/> which can deliver warm (vegan) meals as a one off or more regularly.

Matthew has been offering breakfast bags for those entitled to free school meals and we are now pleased that Magic Breakfast is able to offer a delivery service consisting of 2.5kg tin of baked beans, bagels and porridge. If parents would like this delivered to your door they just need to let us know. Becky is organising this for parents via forms.

Pause.

ForwardThinking
Birmingham



The
Children's
Society

Need someone to talk to?
Struggling to cope with feelings?
We're here for you.

We are operating a telephone-based service while Pause in Digbeth is closed. Drop us an email on askbeam@childrenssociety.org.uk in the first instance.

Or call [0207 841 4470](tel:02078414470) and we will arrange for one of our friendly staff to call you back but email is much quicker.

Who can use us?

You can use us if you have a Birmingham GP and are:

- Under 25 years old (If you are under 14 you will need to have a parent / caregiver with you when we call to give consent).
- Or if you are a parent / caregiver looking for support for their child who is under 25 years old.

How can we help?

We can offer:

- Self-help strategies, skills for managing difficult situations and feelings.
- A non-judgemental listening ear.
- Details for other organisations that might also be able to help you.
- Each call lasts around 20-30 minutes which focuses on ways forward.

Our Opening Hours:

Email or Call Us - 10am - 6pm, 7 days a week

